



Worthington HS

Home of the Trojans

WORTHINGTON INVITATIONAL TRACK & FIELD MEET

DATE: Thursday, April 25, 2019

TIME: Running Events 4:15pm, Field Events 4:00pm

TEAMS: Adrian, Ellsworth, Fulda, Hills-Beaver Creek, Luverne, Southwest MN Christian, WWG, Windom, Worthington

RUNNING EVENTS: 4:15pm

Girls 4 X 800 Relay
Boys 4 X 800 Relay
Girls 100 Meters Hurdles
Boys 110 Meter Hurdles
Girls 100 Meter Dash
Boys 100 Meter Dash
Girls 4 X 200 Relay
Boys 4 X 200 Relay
Girls 1600 Meter Run
Boys 1600 Meter Run
Girls 4 X 100 Relay
Boys 4 X 100 Relay
Girls 400 Meter Dash
Boys 400 Meter Dash
Girls 300 Meter Hurdles
Boys 300 Meter Hurdles
Girls 800 Meter Run
Boys 800 Meter Run
Girls 200 Meter Run
Boys 200 Meter Run
Girls 3200 Run
Boys 3200 Run (may run with girls)
Girls 4 X 400 Relay
Boys 4 X 400 Relay

FIELD EVENTS: 4:00pm

Boys Discus, then Girls
Girls Shot Put, Then Boys
Girls & Boys Long Jump (cafeteria)
Girls & Boys Triple Jump (cafeteria)
Girls High Jump, then Boys
Pole Vault - Girls & Boys together
Boys High Jump
Girls High Jump