

CARDINAL RELAYS

FIELD EVENTS: 4:30 G/Discus (followed by) B/Discus
B/Shot Put G/Shot Put
B/Long Jump G/Long Jump
B/High Jump G/High Jump
G/Pole Vault B/Pole Vault
G/Triple Jump B/Triple Jump

RUNNING EVENTS: 5:00 Girls 3200 Relay
Boys 3200 Relay
Girls 100 Hurdles
Boys 110 Hurdles
Girls 100 Dash
Boys 100 Dash
Girls 800 Relay
Boys 800 Relay
Girls 1600 Run
Boys 1600 Run
Girls 400 Relay
Boys 400 Relay
Girls 400 Dash
Boys 400 Dash
Girls 300 Hurdles
Boys 300 Hurdles
Girls 800 Run
Boys 800 Run
Girls 200 Dash
Boys 200 Dash
Girls 3200 Run
Boys 3200 Run
Girls 1600 Relay
Boys 1600 Relay

** Awards will be available for pickup immediately following the last event.

** We will follow a rolling schedule, one event after another.